



NATIONAL EXTENSION WORKING GROUP

NOVEMBER 6TH, 2025

6:00PM - 7:00PM

**FLEMING COUNTY
EXTENSION OFFICE**

**1384 ELIZAVILLE ROAD,
FLEMINGSBURG, KY 41041**

Join us for an evening of food and education at the Dining with Diabetes program!

Participants will enjoy a diabetes friendly holiday meal prepared by the Fleming County Panther Bistro, hear from guest speaker Shelly Truesdell, APRN, ADM (Family Health Nurse Practitioner & Advanced Diabetes Management - Primary Plus), who will provide a 25-minute presentation on diabetes education, and take part in a Q&A session.

We are also excited to partner with Walmart Eye Care to provide complimentary vision screenings. Learn how diabetes can affect eye health, get your vision checked, and take home tips for protecting your eyesight year-round.

This program is FREE, but space is limited—register today!



- ✦ **FREE HEALTHY HOLIDAY MEAL** ✦
- ✦ **FREE VISION SCREENINGS**
- ✦ **FREE DIABETES EDUCATION** ✦
- ✦ **GIVEAWAYS!**

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with prior notification.